[Form B]

Essay

full name：

**Please write and submit your personal essays on the following three (3) topics. Word limit for Topics 1) and 2) are approx. 500 words and for Topic 3) approx. 700 words.**

\*The purpose of this essay is for you to express your own thoughts and ideas. As a general rule, please use your own words and refrain from using AI. If you do use AI in any form-including translations, grammar checks, and proofreading- please identify and reference which parts of your essay were assisted by AI and how it was used at the end of your essay.

1. Outline your professional experience and future aspirations, how they relate to what you expect to learn and experience at Shizenkan, and how you see your career developing after graduation.

2) Tell us about two (2) of your biggest achievements as a leader which you are proud of.

3) Pick two (2) experiences of failure or setback in your life, and explain how you have overcome them, and what you have learned from the process. Please provide specific and detailed examples.

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| **Declaration of AI Tool Usage**  If you used ChatGPT or other generative AI tools in preparing your essay, please briefly describe the purpose and extent of use. \*This information is collected to ensure transparency and integrity. It will not directly impact the admissions decision.  ☐ No, I did not use any AI tools.  ☐ Yes, I used AI tools.  If you selected "Yes", please describe briefly:  ＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿  ＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿＿ |